

Bike Safety Tips

- Always wear a bike helmet
- Ride on the right, never ride against traffic
- Ride in the right lane or bike lane, except when passing another vehicle, preparing for a left turn or avoiding hazards
- Ride no more than two abreast, returning to single-file if riding two abreast would impede the flow of traffic
- On curving canyon roads without bike lanes or shoulders, play it safe and ride single file
- Use hand signals to indicate left or right turns, slowing or stopping
- Use a headlight, tail light, and reflectors at night
- Obey traffic laws, signs, and signals
- Never expect the cars to see you, but ride defensively to get home alive